

## Hot Paninis 9.00

Prepared on our Hot & Crusty Italian Bread

- P 1. Turkey Breast, Swiss Cheese, Bacon, Tomato, Roasted Peppers, Russian Dressing
- P 2. Ham, Turkey, Cheddar, Sun Dried Tomato Pesto
- P 3. Genoa Salami, Prosciutto, Provolone, Basil Pesto
- P 4. Turkey Breast, Provolone, Red Onion, Avocado, Dijon Mustard
- P 5. Roast Beef, Swiss Cheese, Red Onion, Spinach, Sundried Tomato Pesto
- P 6. Grilled Chicken, Parmesan, Sundried Tomato, basil Pesto
- P 7. Prosciutto, Mozzarella, Artichoke Hearts, Sundried Tomato Pesto
- P 8. Mesquite Turkey, Artichoke, Spinach, Roasted Peppers, Dijon Mustard
- P 9. Fresh Mozzarella, Roasted Peppers, Basil Pesto
- P 10. Pastrami, Pepper Jack, Spinach, Tomato, Dijon Mustard
- P 11. Cajun Turkey, Pepper Jack, Roasted Peppers, Sundried Tomato, Honey Mustard
- P 12. BBQ Chicken Breast, Provolone, Bacon, Sundried Tomato, Honey Mustard
- P 13. Portabella Mushroom, Fresh Mozzarella, Basil Pesto

## Munchie's Specials

- Meatball Sub Meatball, marinara sauce, parmesan cheese ..... 8.00
- Chicken Parmesan Breaded chicken, marinara saute & mozzarella cheese ..... 8.00
- Eggplant Parmesan Eggplant, marinara sauce & mozzarella cheese ..... 7.50
- Hot Roast Pork or Roast Beef or Grilled Chicken ..... 11.00  
Sharp provolone, roasted pepper, broccoli rabe and long hot pepper
- Shrimp Basket Platter With French fries or grits ..... 8.00
- Fantail Shrimp Platter With French fries or grits ..... 8.00
- Fish Platter With French fries or grits ..... 8.50
- Chicken or Salmon Teriyaki ..... 10.00  
with rice, sesame seed, and grill veggie teriyaki sauce on top

## Smoothies \$6.00

- Happy Day**  
Strawberries, orange juice and honey
- Mid Day Energizer**  
Mango, banana, pineapple, apple juice & honey
- Twilight Delight**  
Strawberries, raspberries, apple juice & honey
- Midnight Blue**  
Blueberries, banana, honey, and apple juice
- School Days**  
Peanut butter, bananas, honey, and milk
- Daytime Zinger**  
Strawberries, banana, apple juice & honey

- Evening Splendor**  
Peach, apple juice, honey, and apple juice
- Daily Squeeze**  
Strawberries, banana and orange juice
- Blue Moon**  
Blueberries, banana and apple juice
- Fruitful Day**  
Raspberries, banana, strawberries and apple juice
- Dusk Buster**  
Pineapple, banana, strawberries and orange juice

## Burgers, Hot Sausage and Kielbasa

- Cheese Burger with Fries ..... 7.50
- Turkey Cheese Burger with Fries ..... 8.00
- Reuben Burger with Fries ..... 8.50  
Sauerkraut, Swiss cheese, fried onion, Russian dressing, pickles
- Porkey Beef Burger with Fries ..... 8.50  
Roasted pepper, fried onion, American cheese and sliced ham
- Hot Sausage ..... 4.00
- Kielbasa ..... 5.00  
Mushroom 50¢ • Sweet Pepper 50¢ • Hot Pepper 50¢  
Bacon or Beef Bacon or Turkey Bacon \$1.50

## The Usual Stuff

Choice of Cheese: American or Cheddar Cheese add 50¢  
Provolone or Swiss Cheese add \$1.00

- |   | Sandwich | Wrap | Hoagie |
|---|----------|------|--------|
| Tuna or Chicken or Egg Salad                            | 7.00     | 8.00 | 9.00   |
| Turkey or Cajun Turkey or Smoke Turkey or Ham or Cheese | 7.00     | 8.00 | 9.00   |
| Roast Beef or Corned Beef or Pastrami or Roast Pork     | 7.50     | 8.50 | 9.50   |
| Corned Beef or Pastrami or Roast Beef or Turkey Special | 8.00     | 9.00 | 10.00  |
- Russian dressing and coleslaw on Rye

## Sidekicks

- Chicken Tenders ..... (3 Pcs) 7.00 (5 Pcs) 9.50 (8 Pcs) 13.00  
with Fries or Exchange with waffle ..... 3.50 more
- Buffalo or BBQ Tender (3 Pcs) 7.00 (5 Pcs) 9.50 (8 Pcs) 13.00  
with Fries
- Buffalo or BBQ Wings (7 Pcs) 10.00 (15 Pcs) 17.00 (22 Pcs) 23.00  
Hot or Mild with Fries
- Wing Dings with Fries ..... (7 Pcs) 10.00 (15 Pcs) 17.00 (22 Pcs) 23.00
- French Fries ..... 4.00
- Pizza Fries ..... 6.00
- Onion Rings ..... 5.00
- Mozzarella Sticks (5pcs) 5.00
- Sweet Potato Fries ..... 5.00
- Cheese Fries ..... 5.50
- Mac and Cheese ..... 4.00

## Party Tray

- Assorted Wrap Tray ..... \$8.50 per person  
Combination of assorted wraps made with lettuce and tomato and dressing on the side
- Sandwiches Tray ..... \$7.50 per person  
Assortment of sandwiches made with lettuce and tomato and dressing on the side
- Hoagie Tray Assortment of hoagies ..... \$9.50 per person
- Fresh Fruit Tray ..... 15-20 people \$50 21-30 people \$80  
Fresh seasonal fruits
- Salad Tray ..... 8-10 people \$40.00

# Munchie's Cafe



ORDER

ONLINE

728 CHESTNUT ST.  
PHILADELPHIA

215 629 1844  
215 629 1847

Call for Pick Up or Delivery or Catering  
(Min. \$10 within 3 Blocks)

[www.MunchiesCafePhilly.com](http://www.MunchiesCafePhilly.com)

Prices subject to change without notice

Monday - Friday 7:00 am - 4:00 pm  
Saturday 8:00 am - 3:00 pm  
Sunday closed

## Breakfast

Egg Sandwich with cheese.....	4.50
Egg Sandwich with cheese and Meat.....	5.50
Choice of Meat: Bacon • Turkey Bacon • Beef Bacon • Sausage • Turkey Sausage • Pork Roll • Ham \$3.00 each: Scrapple • Hot Sausage • \$3.50 for Steak	
Choice of Bread: White • Wheat • Rye 50¢ • Multigrain 75¢ • Kaiser Roll 75¢ • Bagel \$1.50 Croissant \$1.50 • Long Roll \$2.00 • Wrap \$1.50	

## Omelettes

Served with Home Fries or Hash Browns or Hash brown Pattie or Grits and Toast  
Add Cheese \$1.00 • Additional Salsa \$1.00

Cheese Omelette.....	7.00
Vegetable Omelette.....	7.50
Green pepper, red pepper, onion, mushroom & tomato	
Meat-Lover Omelette.....	9.50
Ham, sausage, turkey sausage	
Western Omelette.....	8.50
Ham, tomato, green pepper, red pepper & red onion	
Spinach Omelette.....	7.50
Spinach with Steak.....	9.50
B.L.T. Omelette.....	8.50
Create Your Own.....	8.50
Choice of one meat and two vegetables	

### Two Egg Special

6.50

Served your way with  
choice of home fries or grits  
or hash brown pattie  
or hash browns & toast

## Breakfast Platters

Served w. Two Eggs Any Style, Home Fries or Hash Browns  
or Hash Browns Pattie or Grits

	Traditional	Platter
French Toast.....	6.00	9.00
Texas bread soaked in cream and egg with vanilla extract, nutmeg, and hint of cinnamon		
Crunch French.....	7.00	10.00
Dipped in crushed Cap'n crunch. Seasonal berry toppings additional \$1.00		
Buttermilk Pancake.....	6.00	9.00
Very Berrie Pancake.....	7.00	10.00
Seasonal berries inside		
Banana Walnut Pancake.....	7.00	10.00
German Waffle.....	6.00	9.00
Very Berrie Waffle.....	7.00	10.00
Seasonal berries inside		
Banana Walnut Waffle.....	7.00	10.00

## Breakfast Sides

Bacon, Beef Bacon, Ham, Sausage, Turkey Sausage, Hot Sausage, Turkey Bacon, Pork Roll & Scrapple.....	3.00
Oatmeal.....	3.50
with Berries.....	4.50
Bagel with Cream Cheese.....	2.50
Bagel with Butter and Jelly.....	2.50
Toast with Jelly.....	1.50
Hash Browns.....	2.50
Hashbrown Patties.....	2.50
Grits.....	3.00
Home Fries.....	3.50

## Hot Sandwiches

Tuna Melt Choice of bread, Melted Swiss cheese on tuna salad.....	8.00
Open Face Roast Beef.....	8.50
Roast beef, sauteed onion, cheese & sauteed mushroom on Rye	
Cranberry Turkey Melt.....	8.50
Sliced turkey breast, Swiss cheese, sliced apple and cranberry mayo on Kaiser	
All American Grilled Cheese.....	6.50
Choice of bread, American cheese, colby cheese and tomato	
Hot Pastrami with Cheese.....	8.50
Pastrami, Swiss cheese, sauerkraut & spicy mustard on Rye	
Roast Pork Italian on Kaiser, roast pork, sharp provolone & broccoli rabe.....	8.50
Grilled Chicken Breast on Kaiser, choice of veggies and provolone.....	8.00
Grilled or Crispy Chicken Cesar Wrap.....	9.00
Lettuce, tomato, parmesan cheese, ceasar dressing and choice of wrap	
Italian Chicken.....	8.50
Grilled chicken breast, provolone cheese, roasted peppers and sauteed spinach on Kaiser	
Open Face Reuben.....	8.50
Corned beef, thousand island dressing, sauerkraut & swiss cheese on Rye	
Fish Sandwich Lettuce, tomato, onion, pickle and tartar sauce.....	7.50

## Salad

SALAD DRESSINGS: Blue Cheese • Caesar • French • Italian Lite • Olive Oil Vinaigrette Ranch • Russian • Honey Mustard • Asian • Raspberry Vinaigrette • Balsamic Vinaigrette	
Chicken Salad Platter.....	11.00
Tuna Salad Platter.....	11.00
Egg Salad Platter.....	9.00
All Platters included bed of greens, tomatoes, bell pepper & carrots	
Spring Mix Baby greens, carrot, bell pepper & tomato.....	7.50
Caesar Romaine lettuce, tomato, crouton, parmesan cheese, and egg.....	7.50
Chef.....	12.00
Roast beef, turkey, ham, American cheese, bed of greens, bell peppers, carrot, tomato and red onion	
Greek Romaine lettuce, tomato, cucumber, olives, red onion, feta cheese.....	8.00
Spinach Boiled egg, mushroom, red onion, bacon.....	8.50
Antipasta.....	12.00
Romaine lettuce, mozzarella, genoa salami, prosciutto, ham, roasted peppers & olives	
Cobb.....	12.00
Grilled chicken breast, bacon, tomato, boiled egg, avocado, romaine lettuce and blue cheese	
Asian Sesame.....	8.50
Romaine lettuce, carrots, cucumber, red onion, red cabbage, Mandarin orange, roasted peanuts with Asian dressing	
Mandarin Orange, Feta & Walnut Salad.....	9.00
Spring mix, carrots, red onion, cucumber, tomato, red cabbage, Mandarin orange, feta cheese and walnuts	
California Spinach.....	8.00
Fresh spinach, avocado, black olives, mushroom and Mandarin orange	
Crispy Chicken or Grilled Chicken.....	11.00
Romaine lettuce, onion, tomato, carrots, cucumber & crispy chicken	
Add Cheese \$1.00 • Add Grilled Chicken \$4.00 • Add Chicken Salad \$4.00 Add Tuna Salad \$4.00 • Add Crispy Chicken \$4.00 • Add Grilled Salmon \$4.00	

## Triple Deckers

Served on Toast with Lettuce, Tomato, Bacon & Cole Slaw

Corn Beef, Pastrami, Roasted Beef.....	10.00
Turkey or Smoke Turkey or Cajun Turkey or Ham.....	9.50
Chicken Salad.....	9.50
Tuna Salad.....	9.50
B..L.T.....	8.50
with Avocado.....	10.00

## Munchie's Favorites

Choice of Bread: White or Wheat or Rye 50¢ or Multigrain 75¢ or Kaiser 75¢  
Choice of Wrap: White, Wheat, Spinach or Tomato Basil

	Sandwich	Wrap	Hoagie
Healthy Tuna.....	8.00	9.00	10.00
Tuna, capers, red onion, artichoke hearts, black olives, parsley, olive oil, lemon juice			
B.L.T. Bacon, lettuce and tomato.....	7.00	8.00	9.00
B.L.A.T. Bacon, lettuce, avocado and tomato.....	8.00	9.00	10.00
Thanksgiving.....	8.00	9.00	10.00
Cream cheese topped with cranberry, avocado and turkey with crumbled bacon			
Pub.....	8.00	9.00	10.00
Roast beef with horseradish, ranch dressing, tomato, lettuce and cucumber			
Italian.....	8.00	9.00	10.00
Provolone cheese, genoa salami, prosciutto, ham, oil and vinegar			
American.....	8.00	9.00	10.00
Ham, turkey, bacon, American cheese, dijon mayo, lettuce and tomato			
New Yorker.....	8.00	9.00	10.00
Pastrami, corned beef, American cheese, dijon, mustard, onion, pickle and slaw			
The Supreme.....	8.00	9.00	10.00
Ham, roast beef, turkey breast, bell pepper, lettuce, red onion, tomato, red wine vinegar, basil			
California.....	8.00	9.00	10.00
Turkey breast, tomato, bacon, avocado, alfalfa sprouts and pesto			
Bay Ham Ham, prosciutto, cream cheese, lettuce and tomato.....	8.00	9.00	10.00
Deluxe Ham.....	8.00	9.00	10.00
Cajun mayo, American cheese, fried onion, roasted peppers, lettuce and tomato			
Pastrami Naval Swiss cheese, coleslaw and mustard.....	8.00	9.00	10.00
Veggie.....	7.00	8.00	9.00
Low fat cream cheese, alfalfa sprouts, roasted peppers, artichoke hearts			
Avocado Toast.....	7.50	8.50	9.50
Avocado, roasted peppers, sauteed spinach and American cheese			
Philly Smoked.....	8.00	9.00	10.00
Smoked turkey, honey mustard, raisin, apple and Swiss cheese			

## Philly Style Steaks

Cheese Steak.....	9.50
Chicken Cheese Steak.....	10.00
Pizza Steak.....	10.00
Supreme Steak Fried onions, roasted peppers, mushrooms, cheese and bacon.....	11.50
Cajun or BBQ OR Buffalo Chicken Cheese Steak.....	10.50
Mushroom 50¢ • Green Pepper 50¢ • Sweet Pepper 50¢ Hot Pepper 50¢ • Extra Meat \$3.50 • Extra Cheese \$1.00	

## Flatbread Personal Pizza

Vegetable Roasted peppers, mushrooms, onions, spinach and cheese.....	10.00
Pepperoni or Sausage Cheese and pepperoni.....	10.00
Chicken Pesto Chicken pesto, spinach, tomato and cheese.....	11.00
Italian Tomatoes, roasted peppers, prosciutto, pesto and cheese.....	11.00
Cheese.....	10.00
Meat Lover Pizza Steak, sausage and ham.....	12.00